

CLAIMS

I Claim:

sub 14

2 comprising:

3 between 0.1% and 10% by weight water soluble indigestible fiber;
4 and
5 naturally occurring water, wherein fewer than 10 calories per 100
6 ml is metabolized by a human when consuming the water-
7 like fluid and wherein the water-like fluid contains less than
8 500 mg./l of soluble salts.

2. The water-like fluid of Claim 1 further comprising a soluble
2 food grade color.

1 3. The water-like fluid of Claim 2, wherein the soluble food
2 grade color acts as an indicator of an amount of the water soluble indigestible
3 fiber contained in the water-like fluid.

Sub B11

4. The water-like fluid of Claim 1, wherein the water soluble
indigestible fiber is selected from the group consisting of plant mucilage, plant
gums, dextrans, maltodextrins, galactomannans, arabanogalactans, beta glucans,
cellulose ethers, pectins, pectic material, water-soluble hemicellulose, inulin,
alginates, agar, carrageenan, psyllium, guar gum, gum traganth, gum karya, gum
ghatti, gum acacia, gum arabic, partially hydrolyzed products thereof and
mixtures thereof.

Sub a2

5. The water-like fluid of Claim 1, wherein the water-soluble
indigestible fiber and naturally occurring water form an optically clear solution.

6. A water-like fluid for consumption by humans and animals
comprising:
between 0.1% and 10% by weight water soluble indigestible fiber
selected from the group consisting of dextrans, maltodextrins,
galactomannans, cellulose ethers, inulin, alginates, agar,
carrageenan, psyllium, guar gum, gum traganth, gum karya,
gum ghatti, gum acacia, gum arabic, partially hydrolyzed
products thereof and mixtures thereof; and
naturally occurring water, wherein the naturally occurring water and
the water soluble indigestible fiber form an optically clear
solution, wherein fewer than 10 calories per 100 ml are

Sub a2)

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metabolized by a human when consuming the water-like

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fluid, and wherein the water-like fluid contains less than 500

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mg./l of soluble salts.

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food grade color.

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8. The water-like fluid of Claim 7, wherein the soluble food

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grade color acts as an indicator of an amount of the water soluble indigestible

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fiber contained in the water-like fluid.

sub a3

1 9. A water-like fluid comprising for consumption by humans and
2 animals:
3 between 0.1% and 10% by weight water soluble indigestible fiber
4 selected from the group consisting of dextrans, maltodextrins,
5 inulin, guar gum, partially hydrolyzed products thereof and
6 mixtures thereof; and
7 naturally occurring water, wherein the naturally occurring water and
8 the water soluble indigestible fiber form an optically clear
9 solution, wherein fewer than 10 calories per 100 ml are
10 metabolized by a human when consuming the water-like
11 fluid, and wherein the water-like fluid contains less than 500
12 mg./l of soluble salts.

sub B4

1 10. The water-like fluid of Claim 9 further comprising a soluble
2 food grade color.

1 11. The water-like fluid of Claim 10, wherein the soluble food
2 grade color acts as an indicator of an amount of the water soluble indigestible
3 fiber contained in the water-like fluid.

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